

Angela Saville

Savvy Fitness

Angela has worked within education and the fitness industry for over 20 years as a business owner, personal trainer, group exercise instructor, run coach, teacher and mentor.

Angela specialises in group fitness and her company Savvy paved the way for commercial outdoor fitness operation within the Illawarra.



Along with her founding company, Angela has had ownership in multiple fitness franchise brands including Anytime Fitness, Orange Theory and My First Gym.

Angela is a multi award winning business owner. Angela was the first IWIB Young Business Woman of the Year 2009 and in 2010 the IWIB Business Woman of the Year – as well winning categories in the Business Illawarra Awards and also industry awards.

In her day to day role, Angela creates and coordinates the Savvy programs, mentors and develops staff. Angela's passion for fitness and community has created a unique team culture within Savvy that inspires people to live actively and make a difference.

She sees every fitness session as an opportunity to create an experience, not just a workout and as a result has inspired life changing results for hundreds of members. She is passionate and caring and aims to teach people about the power of movement.